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U.S. DEPT. OF LABOR  
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**REGISTERED MAIL; RETURN RECEIPT REQUESTED**

Top Hat Plan Exemption  
Employee Benefits Security Administration  
Room N-1513  
U.S. Department of Labor  
200 Constitution Avenue N.W.  
Washington D.C. 20210

Re: Alternative Method of Compliance under DOL Reg. Section 2520.104-23

Dear Sir or Madam:

The purpose of this letter is to comply with the "Alternative Method of Compliance" for reporting and disclosure (as set forth in DOL Reg. Section 2520.104-23) with respect to the Deferred Compensation Plan (the "Plan") established by United Natural Foods, Inc., a Delaware corporation (the "Company").

In accordance with that Section, we provide you with the following:

1. Name and Address of the Company.

United Natural Foods, Inc.  
260 Lake Road  
Dayville, CT 06241

2. Employer Identification No.

05-0376157

3. Declaration.

The Company established, effective January 1, 2005, the Plan, which is maintained primarily for the purpose of providing deferred compensation for a select group of management and/or highly compensated employees of the Company. Currently, eight employees and/or directors participate in the Plan.

4. Documents.

With respect to the Plan, the Company will provide to the Secretary of Labor, upon request, copies of the Plan documents, if any, that are required by Section 104 (a) (1) of the Employee Retirement Income Security Act of 1974 to be filed with the Secretary of Labor.

Enclosed is a copy of this letter, which we ask that you date-stamp and return to us in the enclosed, self-addressed and stamped envelope.

Should have any questions about this letter, please do hesitate to contact us at the above address.

Sincerely,

A handwritten signature in black ink that reads "Deirdre A. Mendenhall". The signature is written in a cursive style with a large, stylized initial "D".

Deirdre A. Mendenhall  
National Total Rewards Manager

cc: Rob Birdsell, Clark Consulting

**CERTIFIED MAIL**



7003 2260 0002 9150 7097

**MAILED**  
RURAL FOODS, INC.

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*Top Hat Plan Exemption*

*EBIA*

*Room N-1513*

*U.S. Dept. of Labor*

*200 Constitution Ave. N.W.*

*Washington D.C.*

*20210*