

WILLCOX SAVAGE

EBSA/PUBLIC DISCLOSURE

2010 OCT 13 PM 2:34

James R. Warner, Jr.
757.628.5570
jwarner@wilsav.com

October 7, 2010

***Certified Mail/
Return Receipt Requested
7010 0290 0003 1072 5706***

U.S. Department of Labor
Employee Benefits Security Administration
Top Hat Plan Exemption
200 Constitution Avenue, N.W., N-1513
Washington, D.C. 20210

Re: Deferred Compensation Plans of Sentara Holdings, Inc.

Dear Madam/Sir:

On behalf of the Plan Administrator, I am enclosing an Alternative Disclosure Statement under Department of Labor Regulation § 2520.104-23 with respect to the deferred compensation plans of which Sentara Holdings, Inc. is the primary sponsor.

If you have any questions regarding this statement or need other information with respect to these plans, please do not hesitate to contact me.

Very truly yours,



James R. Warner, Jr.

JRWjr:fea

Enclosure

cc: Ms. Tamara L. Mears

1-936845.1
10/07/2010

Reply to Norfolk Office

440 MONTICELLO AVENUE SUITE 2200 NORFOLK, VA 23510 757.628.5500 FACSIMILE 757.628.5566
222 CENTRAL PARK AVENUE SUITE 1500 VIRGINIA BEACH, VIRGINIA 23462 757.628.5600 FACSIMILE 757.628.5659

**ALTERNATIVE REPORTING AND DISCLOSURE STATEMENT
UNDER DEPARTMENT OF LABOR REGULATION
SECTION 2520.104-23
(October 7, 2010)**

The following information is provided with respect to certain deferred compensation plans ("Plans") sponsored by Sentara Holdings, Inc.

1. Name of Employer: Sentara Holdings, Inc.

2. Address of Employer: Suite 314, 6015 Poplar Hall Drive
 Norfolk, VA 23502

3. Employer ID No. of Employer: 54-1555638

4. Declaration: The Employer, Sentara Holdings, Inc., is the principal sponsor of two plans that are maintained primarily for the purpose of providing deferred compensation for a select group of management or highly compensated employees of its affiliates (the "Plans"). Twenty-two employees participate in the first plan, and 8 employees participate in the second plan. This filing is made to comply with the reporting and disclosure requirements of Part I of ERISA in the event that those requirements apply to the Plans, but the filing is not an admission that those requirements are applicable or that the Plans are subject to ERISA.

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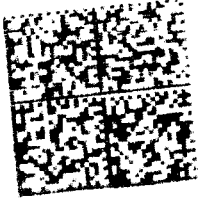
ATTORNEYS AT LAW

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NORFOLK, VIRGINIA 23510

CERTIFIED MAIL™



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