

AMERICARE SYSTEMS INC.

REPORTING AND DISCLOSURE COMPLIANCE STATEMENT

In compliance with Section 110 of the Employee Retirement Income Security Act of 1974 ("ERISA") and the Regulations thereunder, found in Section 2520.104-23, Americare Systems Inc. ("Americare") is filing this Reporting and Disclosure Compliance Statement and in connection herewith, provides the following information:

EMPLOYER:	Americare Systems Inc.
ADDRESS:	214 North Scott Sikeston, MO 63801
EMPLOYER IDENTIFICATION NO.	43-1234429
PLAN NAMES:	Deferred Compensation Plan
NUMBER OF PLANS:	One
NUMBER OF EMPLOYEES PARTICIPATING IN EACH PLAN:	Six

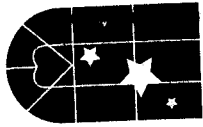
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Americare maintains the above-named unfunded Plan primarily for the purpose of providing deferred compensation for a select group of management or highly compensated employees.

Americare will provide the Plan documents to the Secretary of Labor upon request, as required by Section 104(a)(1) of ERISA.

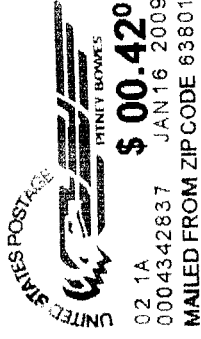
Americare Systems Inc.
As Plan Administrator

By: J. P. Finney
Title: V.P. of Finance



Americare™

214 North Scott Street, Post Office Box 1046
Sikeston, Missouri 63801



Top Hat Plan Exemption
Employee Benefits Security Administration
Room N-1513
U.S. Department of Labor
200 Constitution Ave.
Washington DC 20210