



Selfhelp Community Services, Inc.
520 Eighth Avenue
New York, NY 10018
212.971.7600

April 24, 2007

Top Hat Exemption
Office of Pension and Welfare Programs
Room N-5644
U.S. Department of labor
200 Constitution Avenue, NW
Washington, DC 20210

07110-2 P. 4:15

From: Selfhelp Community Services Inc., Employer ID# 13-1624178

This document constitutes the statement required by regulation 2520.104-23, 29 CFR, to be filed with the Secretary of Labor in respect to nonqualified deferred compensation plans maintained by the above employer.

The employer has adopted three nonqualified deferred compensation plans that are for executives who are members of a select group of management or highly compensated employees.

1. Executive Retirement Plan for Selfhelp Community Services Inc., an ineligible plan under Internal Revenue code Section 457(f), which has 2 participants.
2. Executive Retirement Plan for Stuart Kaplan, an ineligible plan under Internal Revenue Code Section 457(f), which has 1 participant.
3. Section 457(b) Deferred Compensation Plan for Selfhelp Community Services Inc., an eligible plan under Internal Revenue Code Section 457(b), which has 3 participants.

We are willing to furnish documents with respect to the above plan if requested by the Secretary of Labor

Sincerely yours,
SELFHHELP COMMUNITY SERVICES, INC.

By: 
Morris Breitstein – Chief Financial Officer

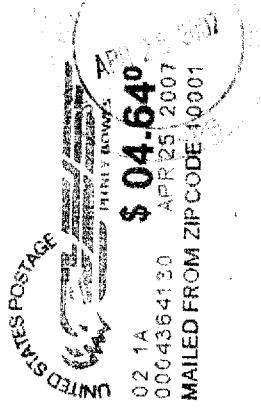
Selfhelp Community Services, Inc.
520 Eighth Avenue, 5th Floor
New York, NY 10018



PLACE STICKER AT TOP OF ENVELOPE TO THE RIGHT
OF THE RETURN ADDRESS, FOLD AT DOTTED LINE
CERTIFIED MAIL™



7006 0810 0003 4128 3126



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