



3702 Pender Dr. Suite 200
Fairfax, Virginia 22030
(703) 934-6200

March 14, 1997

SPD
Pension and Welfare Benefits Administration
Room N-5644, U.S. Department of Labor
200 Constitution Avenue, N.W.
Washington, D.C. 20210

2520032031823

Dear Sir/Madam:

We are the plan supervisors for the Food Marketing Institute Inc. Health Care Plan. As required, we have enclosed a signed copy of Amendment #5 to the Plan Document. The effective date of this Amendment is March 1, 1997. The following will provide the information necessary for identification:

Employer/Plan Sponsor: Food Marketing Institute, Inc.
800 Connecticut Ave, NW
Washington, D.C. 20006

Plan Sponsor EIN: 36-2900465

Plan Number: 503

Plan Name: Food Marketing Institute Health Care Plan

97 MAR 20 PM 11:29
POL-PLANN

Please feel free to contact me at (703) 934-6225 if you have questions.

Sincerely,

Amy E. Aronson
Benefits Specialist

enc.

**Food Marketing Institute Inc.
Health Care Plan**

Amendment 5

The Food Marketing Institute Health Care Plan, effective January 1, 1995, is hereby amended as follows:

**CHAPTER IV
COMPREHENSIVE HEALTH CARE BENEFITS**

Covered Services. Routine Physical Examinations. The following is deleted from this section:

Additionally, a discount vision program is available through Avesis. Please refer to separate written information regarding these covered services.

The foregoing amendment is effective March 1, 1997.

This amendment shall be attached to and form a part of the group Plan Document and material changes made herein shall be added to the Summary Plan Description. This amendment shall not be held to alter or affect any of the terms of such plan other than as specifically stated.

Food Marketing Institute

Robert W. Offy
Witness

By: Lawrence S. Olsey
Authorized Signature

3/11/97
Date

Sr. VP Finance
Title